

## **Reproductive Health Library**

**These titles are available for checkout at the Middle School Library**

The Care and Keeping of Me: The Body Book Journal

Healthy Body Image: Teaching Kids to Eat and Love Their Bodies Too!

The What's Happening to My Body? Book for Girls: A Growing Up Guide for Parent and Daughters

Body Talk: The Straight Facts on Fitness, Nutrition & Feeling Great About Yourself!

The Difference a Father Makes

A Fine Young Man: What Parents, Mentors, and Educators Can do to shape Adolescent boys Into Exceptional Men

From Diapers to Dating: A Parent's Guide to Raising Sexually Healthy Children

It's Better to Build Boys Than Mend Men

More Speaking of Sex: What Your Children Need to Know and When They Need to Know It (Updated and Expanded)

The New Speaking of Sex: What Your Children Need to Know and When They Need to Know It (Updated and Expanded)

Sexuality: Your Sons and Daughters with Intellectual Disabilities

Ten Talks Parents Must Have with Their Children About Sex and Character

The Care & Keeping of You: The Body Book for Girls

Making Weight: Men's Conflicts with Food, Weight, Shape & Appearance

Mom, I Feel Fat!: Becoming Your Daughter's Ally in Developing a Healthy Body Image

7 Things Your Teenager Won't Tell You: And How to Talk About Them Anyway

The Body Image Workbook: An 8-Step Program for Learning to Like Your Looks

Girl Stuff: A Survival Guide to Growing Up

Intuitive Eating: A Revolutionary Program that Works

Letters from Dad

My Body, My Self for Boys

My Body, My Self: The "What's Happening to my Body" Workbook for Girls

Real Kids Come in all Sizes: Ten Essential Lessons to Build Your Child's Body Esteem

RSVP: Respect, Self, Value, People: Middle School Student Lesson and Activity Guide